

# Kalyana Mitra

“Good Friend”

A Bi-Monthly Publication  
Volume 55 Issue 9 & 10



Windward Buddhist Temple  
268-A Kuulei Road  
Kailua, HI 96734  
Phone: 262-4560

---

September & October 2023

Kailua Hongwanji Mission is doing business as Windward Buddhist Temple

---

Aloha, Windward Temple Sangha!

I hope you enjoyed having your August Sundays to relax, read, meditate, and to realize each day is precious and unrepeatable. August was a time of respite for WBT temple especially those who give so much of themselves to the temple. Those who keep the physical temple running like Alan and his “gang”, and Ryan our webmaster and YouTube connection; also the various committees and officers, and the refreshment teams who provide the best refreshments! My heartfelt thanks for all you do! Namoamidabutsu!

*Truly entrusting means that you are able to truly relate to another being.*

*Not only human beings but with plants and animals.*

*Even those things that cannot speak, you're able to hear their feelings.*

*Namu-Amida-Butsu (Ichitaro, from the American Buddhist Study Center)*

The topic of my talk on the last Sunday in July introduced you to *Naikan*, a method of self-reflection that helps us understand ourselves and our relationships with others with awareness and gratitude. It is a method of self-reflection developed by Yoshimoto Ishin (1916–1988) in the 1940s. He was a devout Jodo Shinshu Buddhist. *Naikan* self-reflection is based on three questions: If you were at that service in July, you received a paper with the three questions: 1) *What have I received from \_\_\_\_\_?* 2) *What have I given to \_\_\_\_\_?* and 3) *What troubles and difficulties have I caused?*

I hope you have had some time to reflect on your relationships, including those with your family, friends, neighbors, teachers, siblings, children and Sangha members. And with your pets and with objects such as your car, your home, musical instrument.

- 1) Make a list of what you have received from another person. By making a list of things that have been done for you, you become more aware of how you have been supported and cared for and you achieve a deeper sense of gratitude and appreciation for your relationship. The act of listing all that you have received **promotes gratitude**. You become grateful for everything on your list.
- 2) Consider what you are doing for others and make a list. For example: you send a thank you note for a gift, send a birthday card to a friend, call an elderly friend to see how they are doing, greet people with a smile.
- 3) *And 3 - Ask yourself - when have I caused difficulties to others, directly or indirectly? When have I upset others. For example, I didn't answer the phone when my father called; I spoke ill of a colleague; I made an offhand remark to someone on the bus that appeared to trouble them.*

Rather than waiting until it's too late, we can better understand ourselves and our relationship with others through **awareness and contemplation**. Perhaps *Naikan* reflection and the three questions can help. To really appreciate all that we have in our relationships, to live a life of **gratitude**, is to open our eyes to the countless ways in which we are supported by the world around us.

*“In life we are the recipients of countless favors and gifts from others, many of them nameless and unknown to us, but we go on as if we've made it on our own. The very fact of our existence we owe to our fathers and mothers, yet we take it for granted and never really express our appreciation to them. We've all had friends, in the past and present, but how much consideration and appreciation have we shown them for making our lives fuller and richer? As we reflect upon ourselves, asking such questions, we see more and more our deeply entrenched self-concern and ego-centeredness. But as Shinran states in Tannisho IX, “All this the Buddha already knew”, and thus devised the nembutsu path for even such worthless people like ourselves to realize supreme enlightenment.” (From Gratitude by Unno)*

Thank you for being a part of Windward Buddhist Temple! See you on Sundays!


In gassho, Rev. Barbara

# Sept. & Oct. 2023



We will continue to post services online shortly thereafter via:

- 1) Windward Buddhist Temple website: [www.windwardbuddhisttemple.org](http://www.windwardbuddhisttemple.org)  
(or Google Windward Buddhist Temple)
- 2) YouTube: [www.youtube.com/windwardbuddhisttemple](http://www.youtube.com/windwardbuddhisttemple)
- 3) FaceBook: [facebook.com/windwardbuddhisttemple](https://facebook.com/windwardbuddhisttemple)

Date	Sunday Service (9:00 a.m.)	Speaker/MC
September 3	Family Service <i>(followed by an intergenerational activity)</i>	Speaker: Rev. Barbara Brennan M.C.: Annette Tashiro
10	Monthly Remembrance Service If you'd like to remember a loved one who passed away in the months of <b>August &amp; September</b> (of any year), you will be given the opportunity to do so during this service. Please add the name of your loved one to the list at the sign in desk and if you have a photo, please bring it to the service.	Speaker: Rev. Barbara Brennan M.C.: Myles Yamamoto
17	<b>Autum Ohigan (Equinox) &amp; Peace Day Service</b> 	<b>Guest Speaker:</b> Bishop Toshiyuki Umitani M.C.: Merle Tashiro
24	Family Service	Speaker: Prudence Kusano M.C.: Jenn Kane
October 1	Family Service <i>(followed by an intergenerational activity)</i>	Speaker: Joy Nishida M.C.: Shirley Yanagisawa
(Sat) 7	<b>Windward Mall Bon Dance</b> 4 p.m. – 8 p.m. <b>(WBT is a co-sponsor of this event)</b>	
8	Family Service	Speaker: Rev. Barbara Brennan M.C.: Fujikawa Family
15	Family Service	Speaker: Shirley Yanagisawa M.C.: Linda Jaffe
22	Monthly Remembrance Service If you'd like to remember a loved one who passed away in the month of <b>October</b> (of any year), you will be given the opportunity to do so during this service. Please add the name of your loved one to the list at the sign in desk and if you have a photo, please bring it to the service.	Speaker: Rev. Barbara Brennan M.C.: Myles Yamamoto
29	Family Service	Speaker: Jenn Kane M.C.: Fujikawa Family

Sept. 3 & 10 Group A (Lisa Fujikawa, lead) in charge of after service refreshments

Sept. 17 – Oct. 8 Group B (Dana Arakaki, lead) in charge of after service refreshments

Oct. 15 – 29 Group C (Merle Tashiro, lead) in charge of after service refreshments

# Bishop Toshiyuki Umitani

## Autum Ohigan & Peace Day Service Guest Speaker

September 17, 2023

This summer, Reverend Toshiyuki Umitani became the 17<sup>th</sup> Bishop of the Honpa Hongwanji Missions of Hawaii. WBT members were present at his welcome luncheon on August 5, 2023 at the Sheraton Waikiki ballrooms. It was especially meaningful because WBT (Kailua Hongwanji) was Bishop & Mrs. Umitani's first assignment as a resident minister (in charge of our temple).



We are excited to have Bishop Umitani as our guest speaker for the Autum Ohigan & Peace Day service.

Bishop Umitani comes from a temple family. His family temple in Japan was established in 1585!

In 1998 he received his Tokudo (ordination) and in March 2000 his Kyoshi (full certification as a minister). He then served on the staff at the Hongwanji International Center in Kyoto, Japan before relocating to Hawaii in July 2001. After orientation and serving as an associate minister at Honpa Hongwanji Hawaii Betsuin, Bishop and Mrs. Umitani arrived at Kailua Hongwanji (WBT). First serving as a Liaison Minister and then as Resident Minister of Kailua Hongwanji until February 2005. His next assignment was at Makawao Hongwanji Mission, followed by working at Headquarters as the Executive Assistant to the Bishop as well as Pacific Buddhist Academy's School Chaplain. When we were without a minister, Bishop Umitani returned to Kailua Hongwanji for a few months in 2017 as an Oversee Minister. His last assignment was as Resident Minister at Moiliili Hongwanji Mission.

Bishop Umitani and his wife, Yoshiko, have two musically talented daughters, Naho and Riho, who performed at their father's welcome luncheon.

Please mark your calendars to attend the special service as we welcome home Bishop Umitani!

---

## Ikebana Class

WBT ikebana classes are held in 6 week sessions. Session 2 (August, September, October) is currently in progress. Class meets every first and third Wednesdays from 2:00 – 4:00 pm and is limited to 12 students. Please visit the WBT website for information on cost and registration. Interested persons will be contacted if there is an opening.



Teacher: Karen Kirk



## 2023 Bon Dance

After a three (3) year hiatus, WBT held its Bon Dance on July 8, 2023. We were met with a tremendous crowd, eager to patronize the food concession, browse the country and rummage sale and dance the night away! We believe this was the largest crowd we've ever seen!

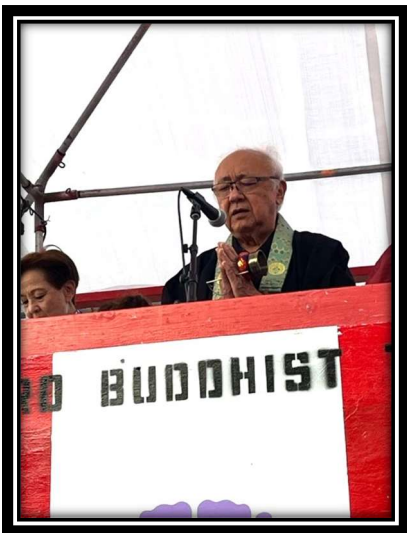
Mahalo to WBT temple members, family and friends, without whom this event would not have been possible. There have been many changes over the last three years and we needed to step up to challenges. Newer members had never experienced our bon dance. Some senior members were no longer able to assist. However, we found new talents among those who volunteered from constructing the yagura (musician's stand), food preparation, pricing and organizing the country store and rummage sale, decorating the yagura, setting up and running our great music and PA system, manning the food concession and cleaning up the next day.

The country store and first-time rummage sale did very well. The food concession sold out (as usual). The live music provided by the Aiea Taiheji group was great!

We were able to reunite with WBT members we had not seen in years! Many were the pillars of the temple and contributed to and enabled us to flourish today.

We would be remiss if we did not acknowledge the donations of ingredients for the food concession. You donated every item requested, from rice, flour, spam, hotdogs to napkins, ginger, garlic, and the list went on for two pages. You are amazing!

Thank you all!





Yagura Construction & Decoration  
*Beautiful Job Everyone!*





Musubi making



Food Concession & Kitchen Crew





## Country Store & Rummage Sale



## Meeting New People & Seeing Old Friends



Bishop & Mrs. Umitani paid us a visit.



## Calligraphy Demonstration (July 23, 2023)

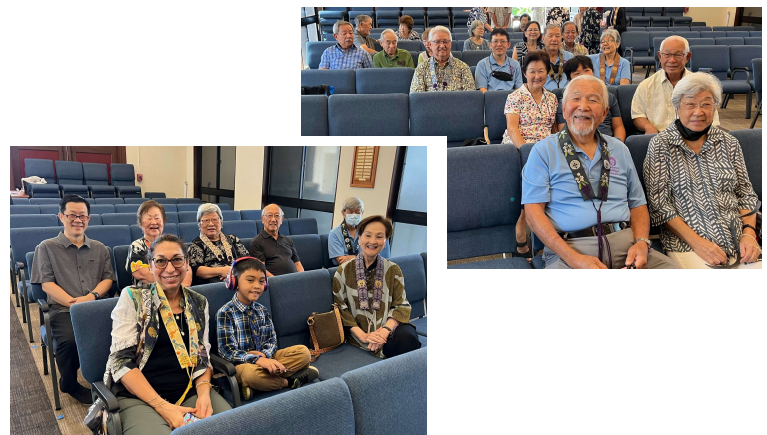


## WBT Visits Moiliili Hongwanji Mission

On Sunday, August 5, 2023, twenty-five (25) WBT members traveled over the Pali to visit our friends at Moiliili Hongwanji Mission. It wouldn't have been an outing without a ride on a bus – so, through the kindness of member Stan Tomasa, 16 members from Kailua had an excursion on a yellow school bus! The rest of the Windward and Honolulu WBT members met them at Moiliili.

Rev. Bert Sumikawa, who served WBT, is currently the minister at Moiliili and remarked as he saw the large contingency from WBT “I don't know if I'm at WBT or Moiliili Hongwanji!”

After service, we adjourned downstairs for refreshments and enjoyed meeting new people and renewing old friendships with Moiliili Hongwanji members. We'll be waiting for Moiliili Hongwanji members to visit WBT!





# ☸ *Mahalo* ☸

*for your kind monetary donations*

## **Gotane**

Rev. Barbara Brennan  
Keith and Lisa Fujikawa

## **Obon**

Ronald & Shirley Yanagisawa  
William Doi, Jr.  
Brenda Kanno  
Fred Takara - IMO Elsie Hirano Takara  
Alan Kubota/ Lenses Photography  
Dennis and Merle Tashiro  
Arthur & Irene Nakagawa  
Doris Oshiro  
Hawaii Shin Kokukai  
Sandra Togashi  
Joy & John Nishida - IMO Richard Wasai  
Keiji & Janet Kukino  
Gary & Annette Tashiro  
Leslie & Joann Yamamoto  
Stephen & Geraldine Ochikubo  
Roy & Cynthia Miyamoto  
Kaneko family  
Cynthia Rodriguez  
Allen & Prudence Kusano  
Jean Fukumoto  
Ruby Nagao  
David Kagawa  
Andrew Buccat  
Warren & Gwen Itamura  
Satoshi Tanaka  
Julia Kusumoto  
M/M Ron Oishi  
Matsuo & Betty Okamoto  
Chisato Holck  
Melvin & Joyce Gushiken  
Florence Wasai  
Bob & Joyce Nishita  
Ryan Miyamoto  
Paul Tatsuguchi  
Isao Asada  
Jennifer Kane  
Wilfred Ikemoto  
Gary & Ginny Kimata  
Beatrice Kaneshiro  
Richard & Pauline Horita  
Wayne & Diane Nishikawa  
Jean Okumura  
Emmeline & Kwansai Kaneshiro  
Irving Fuke  
Kenneth & Lillian Kadomoto  
Thomas Yagi  
Jenny Fujioka

## **Obon** *(continued)*

Kiyoko Katagihara  
Rose Nakata  
Amy Abe  
Masuo & Alice Kino  
Paul & Misae Hiranaka  
Chris Diani & Steve McCallion  
Gilbert Miyasato  
Gayle Kimura - IMO Clyde Kimura, Larry Souza,  
Tammy Kozohara, Ron Kuniyuki, Ron Kodani, Dottie Nakata  
Rev. Barbara Brennan  
Kenneth & Loretta Kamei  
Linda Yoza - IMO Ronald Yoza  
Carolyn Tawata  
Gerald & Lori Ann Matsuda - IMO Paul Matsuda  
Stanley Tomasa & family - IMO David, Yoshie, & Kiya Tomasa  
Margaret & Carl Fujikawa - IMO Tsuya Imai & Wallace Fujikawa  
Marjorie Ikeda - IMO Hiroshi Ikeda, Laverne Morisato,  
Akira & Patsy Koba, Ann Doo  
Russell & Dana Arakaki - IMO Masanobu Arakaki,  
Evelyn Kuwada  
Roy & Amy Inouye - IMO Norman & Misao Iwaishi

## **Additional Donations**

Jennifer Kane - IMO Markene Love Kane, Tucker Kane  
Roy & Cynthia Miyamoto - IMO Toshio Miyamoto,  
IMO Shizue Yonamine  
Ryan Miyamoto - IMO Toshio Miyamoto, Shizue Yonamine  
Russell & Gail Okata - IMO Miyoko Ochikubo  
Stephen & Geraldine Ochikubo - Memorial Service  
IMO Miyoko Ochikubo, Katsumi Okata  
Marjorie Ikeda - 7 year service IMO Laverne Morisato  
Cristianne Strange  
Kathryn Mitchell - IMO Susan Thornberry

(IMO: in memory of)

## **Altar Flower Arrangement Team**



**Windward Buddhist Temple**  
**268-A Kuulei Road**  
**Kailua, HI 96734**  
Address Service Requested

Non-Profit Organization  
U. S. Postage Paid  
Kailua, HI 96734  
Permit No. 118

## Helping our Maui Ohana

In the spirit of compassionate action, we have established the **MAUI WILDFIRE DISASTER RELIEF FUND**. You can donate in the following ways:

1. Online at [www.hongwanjihawaii.com](http://www.hongwanjihawaii.com) by clicking on the "Maui Wildfire Disaster Relief" button under the "Donate" tab.
2. Through GoFundMe at the following link: <https://gofund.me/ff77a520>
3. Check and cash donations can be sent directly to Hawaii Kyodan Headquarters. Please make check payable to HHMH and in the memo line designate "Maui Wildfire Disaster Relief" to ensure proper credit and send it to:  
Honpa Hongwanji Mission of Hawaii, 1727 Pali Highway, Honolulu, HI 96813

All donations collected will go to support Lahaina Hongwanji and relief efforts on Maui. The Office of the Bishop and Committee on Social Concerns will prioritize addressing the immediate and short-term needs of temple families displaced by the fires and supporting the greater community as it rebuilds. The Committee will select reputable relief agencies and organizations to support in order to ensure our donations will directly aid those impacted by this disaster. Updates will be shared on our website at [www.hongwanjihawaii.com](http://www.hongwanjihawaii.com).

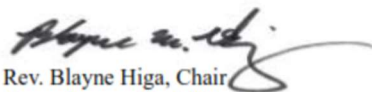
Mahalo for your generosity and support during this time of tragedy. In Gassho,



Rev. Toshiyuki Umitani  
Bishop



Dr. Warren Tamamoto  
President



Rev. Blayne Higa, Chair  
Committee on Social Concerns